

## **Read fast and efficiently – Webinars & Online Training**

Scientific work involves a significant amount of reading. How about increasing your reading speed by 30-100% (depending on text difficulty and English proficiency) while at the same time improving your reading quality...and boosting your motivation?

This training is based upon our regular 2 day classroom training, but specially designed for participants working in their **home office**:

- **Speed Reading Online Course** including trainer accompaniment
  - > Flexible times, to be finished within ca. **4 weeks**, 10 units, max 1h per unit
- **Three webinars** for direct group exchange and trainer support with special input on how to deal with scientific texts
  - > 1<sup>st</sup> webinar: 2h, 2<sup>nd</sup> webinar (feedback session): 1h, 3<sup>rd</sup> webinar: 2h (fixed dates, 2<sup>nd</sup> webinar to be agreed upon via Doodle poll)
- Optionally you can **refresh your skills** with an online and classroom refresher training, both of which are free of charge
  - > **Optionally** after finishing the course

### **Course aims:**

- Faster reading speed
- Better text comprehension
- Variation of different reading techniques and strategies
- Better concentration and motivation
- Special approaches towards scientific texts

Please be aware that this online course requires a **high degree of self-discipline** – for you to finish the course entirely, carefully follow the instructions and participate in all three webinar sessions. Only under this condition can you expect a profound change of reading habits.

This course is an additional **challenge for non-English native speakers**. Good/very good English reading (not necessarily speaking) proficiency is expected (approx. **B2 English language level**), also for the Speed Reading Online course in English.

### Detailed course structure:

1. **Pre-course Webinar session (2 hours, English)**
  - Introduction & Advice on reading scientific texts
2. **Speed Reading Online Course**
  - 10 units (45-60 minutes each)
  - Flexible training during 2-4 weeks, no fixed times/dates
  - Trainer accompaniment 4 weeks from your first log-in
3. **Videochat (ca. 1h) during Speed Reading Online**
  - Half of the online course should be finished
4. **After-Course Webinar session (2 hours, English)**
  - Feedback & further advice on reading scientific texts
5. **Optional: Speed Reading Online Refresher Course (German only)**
  - Additional tests & exercises and guided text exercise with your own text

### Course material:

- **PDF workbook** (German or English) including the complete course theory
- **Series of 12 e-mails** (“Transferimpulse”, in German) sent out immediately after finishing Speed Reading Online which help you apply the learnt techniques/ strategies in your everyday reading (optionally)
- **Alumni website** (in German) containing training material and tools is freely accessible for all former participants

**Didactical approach:** Many practical exercises and tests and well-dosed theoretical input. Prepare yourself for an intense training experience that requires your willingness to change long-term reading behavior and to consistently work on the online training for the duration of two to four weeks.

**Webinar Trainer:** Friedrich Hasse, M.A., Improved Reading Trainer since 2003 in German and English in many scientific institutions (Fraunhofer, Max Planck and Helmholtz institutes, graduate schools of many universities), governmental institutions and companies; co-author of the best-selling book “Schneller lesen - besser verstehen” (“Read faster with better comprehension”, 85.000 sold copies since 2008).