Read fast and efficiently – Webinars & Online Training

Scientific work involves a significant amount of reading. How about increasing your reading speed by 30-100% (depending on text difficulty and English proficiency)while at the same time improving your reading quality…and boosting your motivation?

This training is based upon our regular 2 day classroom training, but specially designed for participants working in their **home office**:

- **Speed Reading Online Course** including trainer accompaniment
  > Flexible times, to be finished within ca. **4 weeks**, 10 units, max 1h per unit

- **Three webinars** for direct group exchange and trainer support with special input on how to deal with scientific texts
  > 1st webinar: 2h, 2nd webinar (feedback session): 1h, 3rd webinar: 2h (fixed dates, 2nd webinar to be agreed upon via Doodle poll)

- Optionally you can **refresh your skills** with an online and classroom refresher training, both of which are free of charge
  > Optionally after finishing the course

Course aims:

- Faster reading speed
- Better text comprehension
- Variation of different reading techniques and strategies
- Better concentration and motivation
- Special approaches towards scientific texts

Please be aware that this online course requires a **high degree of self-discipline** – for you to finish the course entirely, carefully follow the instructions and participate in all three webinar sessions. Only under this condition can you expect a profound change of reading habits.

This course is an additional **challenge for non-English native speakers**. Good/very good English reading (not necessarily speaking) proficiency is expected (approx. **B2 English language level**), also for the Speed Reading Online course in English.

Detailed course structure:

1. **Pre-course Webinar session (2 hours, English)**
    –   Introduction & Advice on reading scientific texts

2. **Speed Reading Online Course**
    –   10 units (45-60 minutes each)
    –   Flexible training during 2-4 weeks, no fixed times/dates
    –   Trainer accompaniment 4 weeks from your first log-in

3. **Videochat (ca. 1h) during Speed Reading Online**
    –   Half of the online course should be finished

4. **After-Course Webinar session (2 hours, English)**
    –   Feedback & futher advice on reading scientific texts

5. **Optional: Speed Reading Online Refresher Course (German only)**
    –   Additional tests & exercises and guided text exercise with your own text

Course material:

–   **PDF workbook** (German or English) including the complete course theory
–   **Series of 12 e-mails** ("Transferimpulse", in German) sent out immediately after finishing Speed Reading Online which help you apply the learnt techniques/ strategies in your everyday reading (optionally)
–   **Alumni website** (in German) containing training material and tools is freely accessible for all former participants

Didactical approach: Many practical exercises and tests and well-dosed theoretical input. Prepare yourself for an intense training experience that requires your willingness to change long-term reading behavior and to consistently work on the online training for the duration of two to four weeks.