

# **GSLs Workshop “Voice Box Training”**

## **with Dipl.- Log. Sujata Maya Huestegge**

5<sup>th</sup> & 12<sup>th</sup> December 2018, 9am – 5pm, Seminar Room 01.001

### **Why voice training?**

*„I am a scientist, not a performer!“ - „Yes, you are!“*

Because: In every lesson or talk you perform with your voice. Be prepared! Three out of four professional teachers are having voice problems over their career. It's like in sports: you can „do-it-yourself“, but in the long run it could involve a risk of failure in your vocal performance.

### **The Workshop**

This two-day workshop will provide new skills for your voice. Voice is an essential part of an authentic presentation in both your everyday life and your profession. In public, at the phone, or in a meeting you always need an adequate voice quality to be successful. A central topic of this workshop is how and when to exercise specific voice qualities. The training will include short oral presentations in front of other attendees and learning based on the observation of others. Combined with a training of basics in posture and breathing the participants will become more aware of the potential of their personal voice. The aim of the workshop is to significantly improve and control the voice in frequently encountered situations. This also involves some basic knowledge of the interplay of voice, posture and presentation.

### **The Trainer**

Dipl.-Log. Sujata Maya Huestegge holds a Diploma (RWTH Aachen University) in Speech and Language Therapy and is currently involved in building a new bachelor program “Academic speech and language pathology”. She trains professional actors and opera singers at public theatres (in Northrhine-Westfalia and Bavaria) since 2007. Additionally, she holds a practice specialized in the field of voice therapy, coaching and training and is founder of a platform for further education related to voice skills. She is currently also a part time lecturer at Würzburg University.